

ARTHURS

MONDAY – FRIDAY
8:00 AM – 3:00 PM

BREAKFAST

AVAILABLE ALL DAY

YOGURT AND CITRUS \$10.00

PRESSED GREEK YOGURT,
ORANGE AND GRAPEFRUIT,
SUPERFOOD GRANOLA,
ORGANIC HONEY, MINT

BREAKFAST SANDWICH \$10.00

SCRAMBLED EGGS, GRILLED
KOSHER SALAMI, NORWEGIAN
CHEESE, LETTUCE AND MAYO,
SERVED ON A CHALLAH ROLL

THE CLASSIC \$14.00

BAGEL, ORGANIC HOUSE
SMOKED SALMON, CREAM
CHEESE, PICKLED ONIONS,
SLICED TOMATOES, CAPERS, DILL

STEEL CUT OATS \$8.00

STEWED APPLES AND PEARS,
ALMOND BUTTER, SEASONAL
FRUIT, HEMP SEEDS, CHIA SEEDS

CHALLAH & BUTTER \$3.50

THICK CUT CHALLAH, BUTTER,
ORGANIC HONEY, MALDON SALT

ALL EGGS ARE FREE RUN!

SATURDAY – SUNDAY
9:00 AM – 4:00 PM

EGGS AND SALAMI \$11.00

SCRAMBLED EGGS, LATKE,
GRILLED KOSHER SALAMI,
PRESSED CHALLAH ROLL
ADD CHEESE \$1.00

LATKE SMORGASBORD \$15.50

SCRAMBLED EGGS, LATKE,
ORGANIC SALMON GRAVLAX,
ISRAELI SALAD, PRESSED
CHALLAH ROLL

AVO TOAST \$11.00 🌿

SMASHED AVOCADO, SLICED
TOMATO, FRIED EGG, SPROUTS,
HOUSE HOT SAUCE

THE SCRAMBLE \$15.00

SCRAMBLED EGGS WITH KALE,
ONIONS AND CHEESE, TOPPED
WITH SMASHED AVOCADO,
SALSA, SOUR CREAM, SIDE
BLACK RUSSIAN TOAST

SYRNIKI \$14.00

COTTAGE CHEESE PANCAKES
SERVED WITH MAPLE SYRUP

LATKES ARE SERVED WITH SOUR CREAM AND APPLE SAUCE

Salads

ADD 1 SCOOP OF TUNA SALAD, EGG SALAD,
MIAMI STYLE CHICKEN SALAD, GRILLED
CHICKEN OR ROASTED TURKEY \$4.50

ARTHURS 90'S CHOPPED SALAD \$15.00

MIXED LETTUCE, KALE, HEIRLOOM
CARROTS, PURPLE CABBAGE,
CUCUMBER, APPLE, ROASTED
SQUASH, PUMPKIN SEEDS, CHEDDAR
CHEESE, MAPLE BALSAMIC
VINAIGRETTE

#KGMTL SALAD \$16.00

SPROUTS, RADDICCHIO, CUCUMBER,
PURPLE CABBAGE, HEIRLOOM
CARROTS, SPICE ROASTED
CAULIFLOWER, GERMINATIONS,
SLIVERED ALMONDS, POMEGRANATE
SEEDS, HUMMUS, SAUERKRAUT,
JALAPEÑO VINAIGRETTE

THE GLUTEN FREE QUINOA BOWL \$17.00

QUINOA, KALE, BROCCOLI,
CUCUMBER, AVOCADO, ROASTED
SWEET POTATO, MARINATED BEETS,
HOUSE SLAW, TAHINI, SOFT BOILED
EGG, ASIAN VINAIGRETTE

CALI-COBB \$20.00

MIXED LETTUCE, TOMATO, CUCUMBER,
RADISH, ROASTED TURKEY, BEEF
BACON, CHEDDAR CHEESE,
AVOCADO, HEMP SEEDS, BAGEL
CHIPS, SHALLOT VINAIGRETTE

Sides

SMOKED SALMON OR GRAVLAX \$9.00

FRIES WITH MALT VINAGAR \$4.50

SIDE SALAD \$5.00

TOAST OR BAGEL \$2.00

HOUSE SEASONAL JAM \$2.00

NORWEGIAN CHEESE \$3.00

EGGS, FRIED OR SCRAMBLED (2) \$4.50

GRILLED KOSHER SALAMI (4) \$4.00

BEEF BACON (3) \$4.00

CATERING AVAILABLE

SCOOPS

SERVED WITH YOUR CHOICE OF TOAST, FRESH AND
MARINATED VEGETABLES, COLESLAW AND A MOISHE'S
PICKLE

TUNA SALAD \$10.00

EGG SALAD \$10.00

MIAMI STYLE
CHICKEN SALAD \$10.00

RITA'S EGGPLANT SALAD \$10.00

3 SCOOP PLATE \$21.00

CHOICE OF 3 SCOOPS FROM ABOVE

SOUP

ALL DRESSED MATZAH BALL \$8.00

CHICKEN, NOODLES, VEG, DILL

CABBAGE SOUP \$7.00

TOMATO, CABBAGE, BELUGA LENTILS,
CHICKPEAS, SOUR CREAM AND WAFFLE CHIPS

NOSHES

NO BUDGET BRIT'S SCHNITZEL 22.00 🌿

CHICKEN SCHNITZEL, WHIPPED HONEY,
FRENCH DRESSING, CRISPY CAPERS AND
HOUSE HOT SAUCE, BRAISED PURPLE CABBAGE

LATKES \$8.00

SERVED WITH HOUSE APPLE SAUCE,
HORSERADISH, SOUR CREAM

PEROGIES \$15.00

POTATO AND CHEESE PEROGIES WITH SOUR
CREAM, DATE PUREE, CHIVES

LIVER TOAST \$12.00

WITH FRIED ONIONS AND PRUNE JAM

PICKLES

HOUSE HOT PEPPERS (3) \$2.00

HOUSE COLESLAW \$3.00

MOISHE'S PICKLE (1) \$1.50

SANDWICHES

CHALLAH GRILLED CHEESE \$8.00

ADD GRILLED KOSHER SALAMI \$2.00
ADD 1 FRIED EGG \$2.25

Mc ARTHUR \$15.00 🌿

CHICKEN SCHNITZEL, ICEBERG SLAW, MAYO, MOISHE'S
PICKLES, SERVED ON CHALLAH

*\$1.00 FROM EACH MCARTHUR SALE WILL BE DONATED TO THE ARTHUR
STEINBERG NON HODGKIN'S FOUNDATION*

BEAR AND JER'S FRENCH DIP \$15.00 ❤️

ROAST BEEF, DIJON MUSTARD, FRESH HORSERADISH,
SERVED AU JUS ON AN ONION ROLL

SALAMI \$10.00

GRILLED KOSHER SALAMI, BALLPARK MUSTARD, HOUSE
COLESLAW, SERVED ON A PRESSED ONION ROLL
ADD 1 FRIED EGG \$2.25

TURKEY DINNER SANDWICH \$15.00

ROASTED TURKEY BREAST, CHALLAH STUFFING, CREAMY
SLAW, CRANBERRY SAUCE, HOUSE MADE HONEY OAT
BREAD

GRAVLAX \$14.00

ORGANIC SALMON GRAVLAX, CARAMELISED ONION
SPREAD, PICKLED ONIONS, TOMATOES, CAPERS, DILL,
SERVED ON BLACK RUSSIAN BREAD

TUNA MELT \$10.50

TUNA, MONTERAY JACK, RITA'S EGGPLANT, MAYO, CHILI
AND SPROUTS, SERVED ON A PRESSED ONION ROLL
ADD 1 FRIED EGG \$2.25

DRINKS

COFFEE \$3.00

ICED COFFEE \$3.50

TEA \$3.50

HOUSE ICED TEA \$4.00

BOTTLED WATER \$3.00

SPARKLING WATER \$3.50

ARTISANAL COLA - BLACK CHERRY, ORANGE, ROOT
BEER \$3.90

FRESH ORANGE JUICE \$4.60 (S) \$7.00 (L)

HUCK'S APPLE JUICE \$3.00 (S) \$6.00 (L)

* PLEASE SEE OUR BOARD FOR WINE AND
COCKTAIL LIST *

FISH

ORGANIC SALMON GRAVLAX \$18.00

TOPPED WITH BRUNOISED SHALLOTS, BEET, APPLE, LEMON VINAIGRETTE,
FINISHED WITH CHERRY TOMATOES, SOUR CREAM, CAVIAR AND DILL
SERVED WITH BLACK RUSSIAN TOAST

ORGANIC HOUSE SMOKED SALMON \$18.00

TOPPED WITH FRISÉ, POTATO SALAD, SOFT BOILED EGG, HOUSE PICKLES,
CAVIAR AND SOUR CREAM, SERVED WITH BLACK RUSSIAN TOAST

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INFO@ARTHURSMTL.COM

f ARTHURS NOSH BAR

@ARTHURSMTL