

ARTHURS

MONDAY – FRIDAY
8:00 AM – 3:00 PM

BREAKFAST

AVAILABLE ALL DAY

YOGURT & GRANOLA \$10.00

PRESSED GREEK YOGURT, HOUSE JAM, HOMEMADE SUPERFOOD GLUTEN FREE GRANOLA, ORGANIC HONEY

BREAKFAST SANDWICH \$10.00

SCRAMBLED EGGS, GRILLED KOSHER SALAMI, AMERICAN CHEESE, LETTUCE AND MAYO, SERVED ON A CHALLAH ROLL

THE CLASSIC \$14.00

BAGEL, ORGANIC HOUSE SMOKED SALMON, WHIPPED CREAM CHEESE, PICKLED ONIONS, SLICED TOMATOES, CAPERS, DILL

STEEL CUT OATS \$8.00

STEWED APPLES AND PEARS, ALMOND BUTTER, SEASONAL FRUIT, HEMP SEEDS, CHIA SEEDS

CHALLAH & BUTTER \$3.50

THICK CUT CHALLAH, BUTTER, ORGANIC HONEY, MALDON SALT

FISH

SMOKED SALMON OR GRAVLAX TOWER FOR 2 \$26.00

HOUSE ORGANIC SMOKED SALMON, WHIPPED CREAM CHEESE, SESAME BAGELS WITH ALL THE FIXINS'

ORGANIC SALMON GRAVLAX \$18.00

TOPPED WITH BRUNOISED SHALLOTS, BEET, APPLE, LEMON VINAIGRETTE, FINISHED WITH LEBANESE CUCUMBER, SOUR CREAM, CAVIAR, AND DILL SERVED WITH BLACK RUSSIAN TOAST

ORGANIC HOUSE SMOKED SALMON \$18.00

RUSSIAN POTATO SALAD, GINGER PICKLED FENNEL, EGG, SPICY ROASTED PEPPER SERVED WITH SESAME TOASTED BAGEL

SATURDAY – SUNDAY
9:00 AM – 4:00 PM

ALL EGGS ARE FREE RUN!

EGGS AND SALAMI \$11.00

SCRAMBLED EGGS, LATKE, GRILLED KOSHER SALAMI, PRESSED CHALLAH ROLL
ADD CHEESE \$1.00

LATKE SMORGASBORD \$15.50

SCRAMBLED EGGS, LATKE, ORGANIC SALMON GRAVLAX, CUCUMBER SALAD, PRESSED CHALLAH ROLL

AVO TOAST \$11.00

SMASHED AVOCADO, SLICED CUCUMBER, FRIED EGG, SPROUTS, HOUSE HOT SAUCE

THE SCRAMBLE \$15.00

SCRAMBLED EGGS WITH KALE, ONIONS AND CHEESE, TOPPED WITH SMASHED AVOCADO, SALSA, SOUR CREAM, SIDE BLACK RUSSIAN TOAST

SYRNIKI \$14.00

COTTAGE CHEESE PANCAKES SERVED WITH MAPLE SYRUP

LATKES ARE SERVED WITH SOUR CREAM AND APPLE SAUCE

Salads

ADD 1 SCOOP OF TUNA SALAD, EGG SALAD, MIAMI STYLE CHICKEN SALAD, GRILLED CHICKEN OR ROASTED TURKEY \$4.50

WINTER CHOPPED SALAD \$15.00

MIXED LETTUCE, KALE, HEIRLOOM CARROTS, PURPLE CABBAGE, CUCUMBER, APPLE, ROASTED SQUASH, PUMPKIN SEEDS, CHEDDAR CHEESE, MAPLE BALSAMIC VINAIGRETTE

#KGMTL GLUTEN FREE QUINOA BOWL \$17.00

QUINOA, KALE, BROCCOLI, CUCUMBER, AVOCADO, ROASTED SWEET POTATO, MARINATED BEETS, HOUSE SLAW, TAHINI, SOFT BOILED EGG, ASIAN VINAIGRETTE

CALI-COBB \$20.00

MIXED LETTUCE, TOMATO, CUCUMBER, ROASTED TURKEY, BEEF BACON, SHREDDED CHEESE, AVOCADO, HEMP SEEDS, BAGEL CHIPS, SHALLOT VINAIGRETTE

Pickles

HOUSE HOT PEPPERS (3) \$2.00

HOUSE COLESLAW \$3.00

MOISHE'S PICKLE (1) \$1.50

Sides

SMOKED SALMON OR GRAVLAX \$9.00

FRIES WITH MALT VINEGAR \$4.50

GREEN SALAD \$5.00 / \$10.00

TOAST (GF) OR BAGEL \$2.00

HOUSE SEASONAL JAM \$2.00

NORWEGIAN CHEESE \$3.00

EGGS, FRIED OR SCRAMBLED (2) \$4.50

GRILLED KOSHER SALAMI (4) \$3.50

 PHILLIP VIENS BEEF BACON (3) \$4.00

CATERING AVAILABLE

SCOOPS

SERVED WITH YOUR CHOICE OF TOAST, FRESH AND MARINATED VEGETABLES, COLESLAW AND A MOISHE'S PICKLE

TUNA SALAD \$10.00

EGG SALAD \$10.00

MIAMI STYLE CHICKEN SALAD \$10.00

RITA'S EGGPLANT SALAD \$10.00

3 SCOOP PLATE \$21.00

CHOICE OF 3 SCOOPS FROM ABOVE

SOUP

ALL DRESSED MATZAH BALL \$8.00

CHICKEN, NOODLES, VEG, DILL

CABBAGE SOUP \$7.00

TOMATO, CABBAGE, BELUGA LENTILS, CHICKPEAS, SOUR CREAM AND WAFFLE CHIPS

NOSHES

NO BUDGET BRIT'S SCHNITZEL \$22.00 

CHICKEN SCHNITZEL, WHIPPED HONEY, FRENCH DRESSING, CRISPY CAPERS AND HOUSE HOT SAUCE, BRAISED PURPLE CABBAGE, SEARED POTATO SALAD

LATKES \$8.00

SERVED WITH HOUSE APPLE SAUCE, HORSERADISH, SOUR CREAM

PEROGIES \$15.00

POTATO AND CHEESE PEROGIES WITH SOUR CREAM, DATE PUREE, CHIVES

DESSERT

SPRINKLE COOKIES \$2.00

ICING COOKIES \$2.50

BABKA, CHOCOLATE OR CINNAMON \$4.50

SANDWICHES

CHALLAH GRILLED CHEESE \$8.00

ADD GRILLED KOSHER SALAMI \$3.00

ADD 1 FRIED EGG \$2.25

ADD BEEF BACON \$3.75 

Mc ARTHUR \$15.00 

CHICKEN SCHNITZEL, ICEBERG SLAW, MAYO, MOISHE'S PICKLES, SERVED ON CHALLAH

THE CAPUTO SPECIAL \$16.00 

ROAST BEEF, SPICY GIARDINIERA, SWEET PEPPERS, GREEN CHILI CHEESE, AU JUS ON A ROLL

SALAMI \$10.00

GRILLED KOSHER SALAMI, BALLPARK MUSTARD, HOUSE COLESLAW, SERVED ON A PRESSED ONION ROLL
ADD 1 FRIED EGG \$2.25

TURKEY DINNER SANDWICH \$15.00

ROASTED TURKEY BREAST, CHALLAH STUFFING, CREAMY SLAW, CRANBERRY SAUCE, CANADIAN BREAD

GRAVLAX \$14.00

ORGANIC SALMON GRAVLAX, CARAMELISED ONION SPREAD, PICKLED ONIONS, TOMATOES, CAPERS, DILL, SERVED ON BLACK RUSSIAN BREAD

TUNA MELT \$10.50

TUNA, MONTEREY JACK, RITA'S EGGPLANT, MAYO, CHILI AND SPROUTS, SERVED ON A PRESSED ONION ROLL
ADD 1 FRIED EGG \$2.25

DRINKS

COFFEE \$3.00

DELUXE HOT CHOCOLATE \$6.50

ICED COFFEE \$3.50

TEA \$3.50

HOUSE ICED TEA \$4.00

SPARKLING WATER \$3.50

BLACK CHERRY, ORANGE, ROOT BEER \$3.90

FRESH ORANGE JUICE \$4.60 (S) \$7.00 (L)

HUCK'S APPLE JUICE \$3.00 (S) \$6.00 (L)

MULLED WINE \$7.00

PLEASE SEE OUR BOARD FOR WINE AND COCKTAIL LIST

T 514.757.5190

INFO@ARTHURSMTL.COM

f ARTHURS NOSH BAR

@ARTHURSMTL